

New York State Officials of Girls Gymnastics



Rules Interpreter & Certification Coordinator

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**TO: All Girls Gymnastics Section Coordinators &
Girls Gymnastics Boards of Officials**

RE: New Rule Change - BARS

I apologize for not putting this “expansion” and clarification of the Special Requirement for Bars in the previous notice, it was an oversight on my part.

This change does NOT affect anyone negatively, rather, it mirrors the requirements of the National Junior Olympic program we base our rules on.

Under Special Requirement **#3** (p. 24)
The addition of another - **OR.**

The third Bar requirement should now read –

A second (different) “B” flight element
OR

A “B” circling element from Group 3,6,7

OR

**One element with LA turn of 180° or more (minimum of “C”)
excluding the mount and /or dismount**

Regards to all for a successful gymnastics season.

Maria DeCristoforo